

Keynsham Town Ladies F.C.



**FA WOMEN'S NATIONAL LEAGUE
DIVISION ONE SOUTH WEST
SOUTHAMPTON WOMEN**

**Sunday 17th March 2024
Kick off 2 p.m.**





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Manager's Notes...

This is our fourth home game in succession. Two wins against Moneyfields and Portishead (in the Cup semi final) with a narrow loss to Bournemouth has seen us in decent form and last Sunday's victory was probably our best performance of the season.

Today's opponents, Southampton, are a totally different proposition compared with Moneyfields and Bournemouth. A good win on Thursday, at home to bottom club Selsey, has moved them out of the relegation spots, but they will still be fighting for their lives as there are still many games to play. Selsey have looked doomed for some time and it is to their credit that they have kept going all season. Relegation will be a relief for them to rebuild with less pressure than the FA Women's National League carries. The second place looks like between three clubs, Torquay, Southampton and also now in the mix is Portishead, where the manager resigned after the game last week.



So, as I said the game today will be a very different one from other recent fixtures as our opponents will be fighting to survive and that means that we have to take our chances and provide a solid defensive display at the back.

Southampton will field two of our former players in Megan Wood who played here a couple of years ago, before moving to London and Megan Young who was here briefly earlier in the season.

Last Sunday's fixture was an impressive win with goals from Issy Amphlett and Naomi Clipston. Vicky Vipond had to withdraw from the starting line up during the warm up and that gave the opportunity for Brooke Stirrup to play up front and pressure defenders as she does, while Issy got a full game and the opening goal.

I was equally pleased to watch the Reserves record a very good win in the early kick off against Swindon Town. In that 7-2 win, goals came from Grace Clark, Maddy Iles, Mandy Hennesy, Gracie Reed, Robin Prince (2), and Immi Stocker. I thought Grace Clark and Robyn Prince both had exceptional games. The sad news is that Gracie Reed suffered a nasty injury in the game, which the subsequent scan has shown to be an ACL and cartilage tear. Serious bad luck for a player who was coming back to full fitness after a number of previous injuries. Adversity is there to be overcome and I am sure all will wish Gracie better luck as she begins the road to recovery.

Secretary's Views...

Today we welcome Southampton Women to the AJN Stadium.

Two calamities as I was trying to write my notes yesterday. First, Sainsbury's IT systems were down so they would not be delivering my order later that day including food for today's match. Fortunately, I was able to put an order in very quickly with Iceland. Hopefully they were able to deliver and had what I needed for today.

Just as I sorted that, the second calamity was an email from the referee to say he was unwell and could not travel to today's game. Fortunately, Moas who arrange our match officials were able to find a replacement very quickly and in time for us to amend the match day programme. As the replacement who has stepped into the brink is Elle Hamilton-Dewhirst the female official's changing room will be in use.

Last Monday was the closing date for the next round of grant applications for the FAWNL. We have put in for more signage, a video camera and coaching courses, so now we wait to see what, if anything, we are awarded. The grants are to help clubs meet the minimum standards which the FAWNL are bringing in starting next season.

The FAWNL Cup Final between Hashtag United and Newcastle United takes place next Saturday, 23rd March, at Luton Town. The club are able to get complimentary tickets for this game so if anyone is interested and would like to go please let me know. We do, of course, have our own game at the Vitality Stadium against AFC Bournemouth the next day, for which I understand there will be a large attendance.

PAM NEWTON



Today's Teams.....



KEYNSHAM TOWN

Green & Black shirts
Black shorts, Black socks

GK	Charlotte Haynes
2	Lily Withers
3	Celyn Garton
4	Jade Radburn
7	Vicky Vipond
8	Brooke Stirrup
9	Naomi Clipston (Capt)
10	Justine Lorton
11	Lily Reed
12	Sophie Price
15	Hannah Price
16	Mia Rose Daly
19	Issy Amphlett
23	Nellie Bullock
24	Alexandra Hurst

SOUTHAMPTON

Yellow & Blue shirts
Blue shorts, Blue socks

1	Sara Luce
2	Lilly Wellesley-Davies
3	Laura Vokes (Capt)
4	Manisha Kaur
7	Megan Wood
8	Maisie Aldridge
9	Rhiannon Hambleton
12	Leah Etheridge
14	Kitty Cleeve
15	Katelyn Wort
16	Sian Bradbeer
17	Oceana Adams
18	Megan Young
19	Izzie Thorogood
20	Lauren Knight
21	Taylor Davies

Manager - Barrie Newton
Coach - Avril Cooke
Coach - Mark Graham
Physio - Callum Barnfield
GK Coach - Liam Jacques

Manager - Jamie Lloyd Davies
Assistant - Lauren Cheshire

Today's Match Officials

REFEREE

Ms. Elle Hamilton-Dewhirst (Somerset FA)

Assistant Referees -

Mr. Julian Martin (Somerset FA)

Mr. Roger Smith (Somerset FA)

At the AJN Today ...

Southampton Women F.C.

Founded in 1970 by fans of Southampton F.C. men's team, Southampton Women's FC became the first WFA Cup (Women's FA Cup) winners in 1971, winning the Final against Stewarton Thistle.



Southampton reached every WFA Cup Final in the competition's first nine seasons. They won the first three and won again in 1975, 1976, 1978, 1979 and 1981, with defeats in 1974 and 1977. Southampton is the city's most successful women's football club. They are eight-time winners of the Women's FA Cup, second only to Arsenal with 14 titles to their name.

Pat Davies scored two of England's three goals in their victory over Scotland in 1972, as well as three of Southampton's goals in their 4–1 victory in the first Women's FA Cup final in 1971.

Southampton returned to form, with the first team winning the Southern Region Women's Football League and League Cup in 2016–17. They gained promotion to the 4th-tier FA Women's Premier League (now National League), whilst the Reserves were unbeaten in the Hampshire County Women's League and won promotion to the Southern Region Women's Football League.

On 3 July 2023, the club announced Aaron Smith's departure as manager. Less than one week later, former Swindon Town manager, Jamie Lloyd Davies was announced as his replacement for the 2023–24 season.

Honours:

- **WFA Cup (Women's FA Cup)**
- Winners: (8) 1970–71, 1971–72, 1972–73, 1974–75, 1975–76, 1977–78, 1978–79, 1980–81
- Runners-up: (2) 1973–74, 1976–77
- **Southern Region Women's Football League**
- Winners: 2016–17
- **Southern Region Women's Football League Cup**
- Winners: 2016–17
- **Hampshire County Women's Football League**
- Winners: 2015–16
- **Southampton Divisional FA Cup**
- Winners: 2023
- Runners-up: 2022

Football Quiz

1. What was Lionel Messi's schoolboy team, before he joined Barcelona?
2. Which Portuguese team did Cristiano Ronaldo play for before joining Manchester United?
3. Ronaldo is synonymous with the number 7, but which other number did he wear at Real Madrid?
4. Messi famously retired from international duty in which year before he reversed his decision?
5. Ronaldo exclaims which word when celebrating a goal?
6. Messi wore the no. 30 shirt at the start of his Barcelona career and went on to wear no. 10. What other number did he wear for the club?
7. Which Portuguese island off the coast of Africa, which also shares its name with a cake, is Ronaldo from?
8. Messi has won a record number of Ballon d'Or awards - how many?
9. Ronaldo helped Portugal win the European Championship in which year?
10. Which German multinational sportswear company is Messi an ambassador for?

....Answers Later in the Programme

Interesting Fact

In 2022, England's women's team won the European Championship for the first time in over 50 years!

Match programme produced on behalf of Keynsham Town Ladies FC by

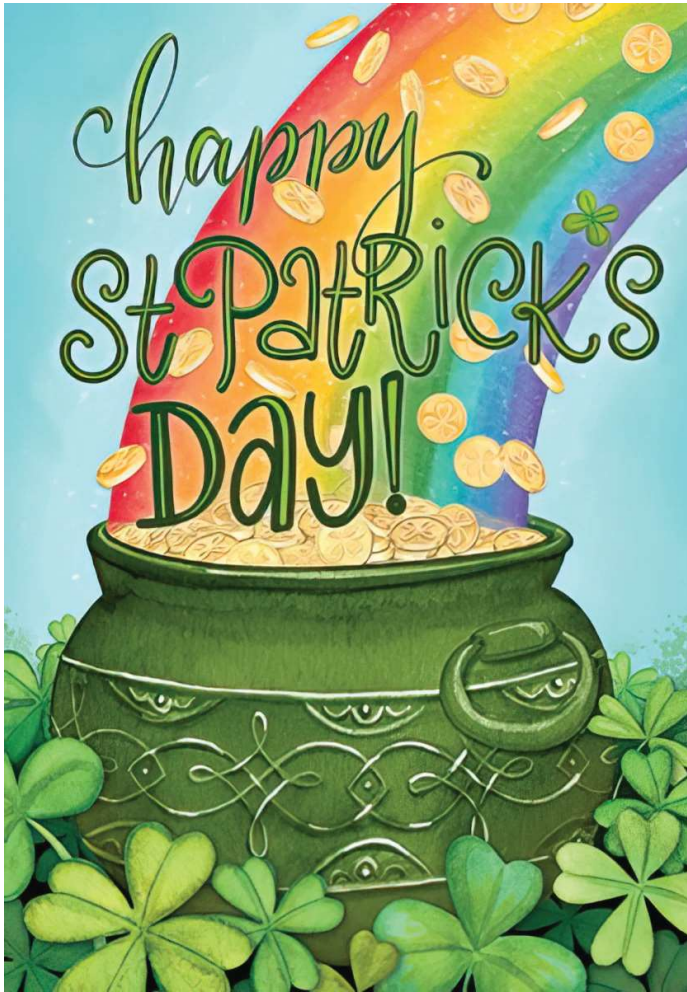
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Digital online version for mobiles and computers/tablets





Quiz answers

1. Newells Old Boys
2. Sporting Lisbon
3. No. 9
4. 2016 (after Copa America final loss)
5. "Si!" (Spanish for "yes"!)
6. No. 19
7. Madeira
8. Six Ballon d'Or awards
9. 2016
10. Adidas

Women's football in Guernsey

CONTINUING OUR LOOK AT WOMEN'S FOOTBALL IN THE MOST SOUTHERLY PART OF BRITAIN

A women's football league was set to return in Guernsey for the first time in six years in late 2021.

Three new sides had been formed from a pool of 50 players with each squad selected from a draft system to try and make matches competitive.

There had been no women's club football since 2020 when two Guernsey sides played in the Channel Islands League.

The new sides - named City, United and Athletico - played until January when they more sides were able to join.

The aim was to have a Guernsey side who are able to take on rivals Jersey for the first time since 2016.

The Sarnians were unable to raise a team for the fixture from 2017 to 2019 with plans to resurrect the fixture in 2020 scuppered by the onset of the Covid-19 pandemic.

"It's been a shame to see it go from what it was, being lots of club teams playing week in week out on Sunday mornings, to pretty much nothing and then trying to build back up again," Guernsey Ladies City captain Steph Batiste told BBC Channel Islands News.

"It'll be really nice just to get some local football going on again, it hasn't gone on for so long and to get that I think is the key, start from this level and try and build up."



Get to know the players...

1. Give your full name (including nickname if you have one) and Nationality?

Sophie Price and I am British.

2. How long have you been at Keynsham Town LFC?

Joined the club this season.

3. If you weren't playing football what other sport do you think you would play and would you be as good at this sport?

Athletics (more sprinting than long distance).

4. Have you any pre-match rituals and what are they?

Not really, just make sure I get plenty of sleep!

5. What is your pre-match schedule?

It varies but I always make sure my hamstrings are very warm before a match.

6. Given the choice which football stadium would you like to play at and why?

Any stadium if the atmosphere is there.

7. Name 3 players who would be in your Premiership "Dream Team"?

Don't really watch football so I can't name any!

8. Do you think you would make a good referee and why?

No!

9. If you could make any rule change to improve the game what would it be?

Instead of just throw ins, I would introduce kick ins as they could be more effective in keeping the momentum of the game.

10. Which tracks/artists do you currently have on your iPhone?



I listen to Spotify AI so it's random really!

11. If you could be a "Super Hero" who would it be and why?

One that could fly as it would be fun.

12. What would you use those powers for?

Just for fun!

13. If you were stuck on a deserted island what 3 items or people would you take with you?

Water, sun cream and a boat.

14. Are you a meat, fish or pasta person?

Meat

15. When you win the Lottery what 2 items would be top of your "Want's List"?

Probably a very long holiday and a nice car.

16. What ambitions do you have?

My ambition currently is to pass all my exams to become a Chartered Accountant, and football is a nice active hobby!



KTLFC on Instagram

Keynsham Town LFC are now on Instagram! Simply click on the QR code below to take yourself to our home page.....



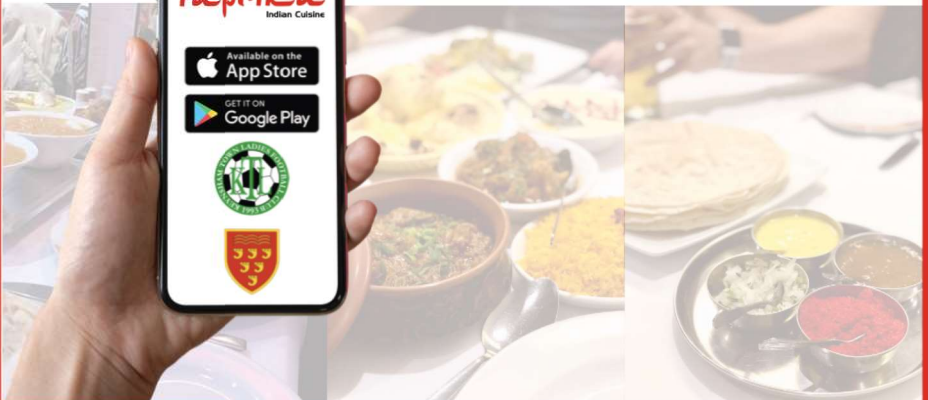
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****Photos from Paprika****

Review on Paprika from player Justine Lorton:

After being introduced to Tan (the manager) I promised him we'd go to Paprika for our quarterly curry club meet up (with 4 ex-KTLFC players).

It was really busy when we arrived, which is always a good sign. Tan and the staff were very welcoming and friendly throughout the meal. The food was perfect and what really stuck out was the presentation, it was gourmet level and very reasonably priced. It was so nice in-fact, that I took the leftovers home and ate it the next day! I would highly recommend Paprika for an amazing dining experience and will definitely go again.

Paprika
Indian Cuisine

New kits...



Today's new playing kit carries a 30 Year badge at the top of the back of the shirts. The club was originally founded as a 6-a-side team playing indoor football in 1993.

The players came mostly from Chandag Junior School in Keynsham and were all under 11 years at the time. Only one, Linette Zerk remains playing today as an emergency goalkeeper when required, although the club is in contact with most of these 'Original' players.

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Respect

**Keynsham Town Ladies Football Club
Keynsham Town Development Football Club
Keynsham Town Girls Football Club
Respect Code of Conduct for
spectators and parents/carers**

We all have a responsibility to promote high standards of behaviour in the game.

This club is supporting The FA's Respect programme to ensure football can be enjoyed in a safe, positive environment.

I understand that if I do not follow the Code, and/all of the following actions may be taken by my club, County FA, league of The FA.

I may be:

- Issued with a verbal warning from a club or league official
- Required to meet with the club. League or CFA Welfare Officer
- Required to meet with the club committee
- Obligated to undertake an FA education course
- Obligated to leave the match venue by the club
- Requested by the club not to attend future games
- Suspended or have my club membership removed
- Required to leave the club along with any dependents

In addition:

- The FA / County FA could impose a fine and / or suspension on the club

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Football Jokes

Who's the slipperiest footballer?
Antoine Grease-man!

Who was the horse's favourite footballer?
Neigh-mar!

What's healthy and scores a lot of goals?
Fruit Salah!

What blows at 100mph and always scores?
A harrykane!

Why is Ronaldo's bedroom always tidy?
Because he's not Messi!



Source: <https://www.beano.com/posts/football-jokes>



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New Signs

Thanks to our sponsor, Paprika, we were able to install our new fixture sign!

